



### ABC's at St Kew



## Welcome to the JUNE 'News from the Top of the Hill' St Kew briefing!

There is, as always, so much to be proud of at St Kew and it is a delight to be able to share these things with you here in this edition of the 'News from the Top of the Hill'.

### The end of the last half term

We ended the first half of the Summer Term with much excitement and friendship with the King's Coronation celebrations on the school field! As a school staff, we were mesmerised by the confidence of many of our children 'on stage' and delighted by the ability of the children to make a delicious afternoon tea. It was lovely to be together with you all as part of the St Kew family - at the heart of the St Kew community!

### Playground Developments

We have been super excited this year to see how the amazing playground markings have been used by the children on a daily basis. These markings are part of our pledge to help children become even more active at school (part of our PE vision) and we are now looking to install a climbing wall in the playground over the summer holidays! You can find out more on **page 6** so that you know what to expect when we return in September!

### Reports

As we draw ever closer to the end of term, and indeed the academic year, it is time again for school reports. The staff put a great deal of time and effort into these documents and it is always a pleasure to be able to share the great achievements of your children with you. More information on the format can be found on **page 13** with examples of each report on **pgs 14-16**.

### Healthy Living Week

Another annual event in the 'usual' St Kew calendar, is our Healthy Living Week with many different healthy activities on offer to all of our pupils across the week. With dance activities, orienteering, cooking and a beach day across the week and Sports Day finishing things off nicely on the Friday, we are super excited to bring new experiences for our pupils across the week. Starting on Monday 26th June, more information can be found on **page 26**.

### Communication

Can we please ask that all communications from school are read by all parents so that everyone knows what is going on each week. The newsletter is your 'bible' of all things going on at St Kew and alongside the weekly page updates on the website and reminder texts / Facebook posts, you should have all the information you need. We spend a lot of time constructing letters / the newsletter and the class pages each week / month, but we do need parents to help us by reading what we produce. If you have any ideas about how this can be improved, please do come and talk to us. We want to be as helpful as possible in giving you all information about school!

### Year 6 Leavers Assembly

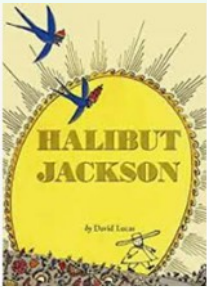
I am soooooo delighted to be able to invite you to the Leavers Assembly held for our fantastic group of Year 6 pupils. This celebration of their 7 years at primary school, showcases their time at St Kew and all are welcome to attend. Tuesday 25th July is the date you need to pop into your calendar - 9.15am start with tea and coffee in the hall before the celebrations begin!



**Please do not hesitate to pop in if you have any questions or ideas to share!  
We want you to be part of the St Kew family.**

## Newton Class

We are all looking forward to welcoming the children of Newton Class back to school after our week long break. We are sure they will return refreshed, revitalised, and ready to learn for our final half term of the year!



On their return, we will bring to an end the topic of 'Talents and Powers' and our story Little Red by Lynn Roberts.

Our new topic will be all about 'Knowing yourself' where we will look at the books of Halibut Jackson by David Lucas and Weirido by Nick Laird and Zadie Smith.



Our Science focus will continue to observe seasonal changes, describing the weather linked with the season Summer. Our children have greatly enjoyed planting and tracking the weather and outdoor changes this last half term. We will also be learning about animals, including minibeasts, and the scientist Maria Sybilla Merian.



History this half term we will bring to an end the topic of 'The Seaside 100 years ago'. A particular delight of this topic was our pretend visit to an art gallery - which was our classroom displaying pictures of the seaside 100 years ago. The children looked around the 'gallery' in pairs to gather ideas for creating a poster to advertise what the seaside looked like 100 years ago.

In our Design Technology this half term, we will be looking at construction, and specifically boat building! This will be inspired by our History topic learning about Grace Darling. Grace Horsley Darling was an English lighthouse keeper's daughter. Her participation in the rescue of survivors from the shipwrecked Forfarshire, in 1838 brought her national fame.



Please continue to send your child with a coat in case of showers, hat and suncream (we can experience all weathers in one day here in Cornwall!!) As you know we thrive in our outdoor learning here at St Kew so having the appropriate outerwear, including wellies allows us to make the most of our wonderful environment. Newton are particularly fab at remembering water bottles...let's keep this up as it keeps them well hydrated and ready to learn.

Thank you for all your efforts in supporting your child in their reading journey by reading to and with them at home. Please continue to do this as much as possible and remember to bring in book bags every week, for a new sharing and practice book title on a Friday. Please remember, this does not stop you from reading more widely at home with your child. Every little helps!

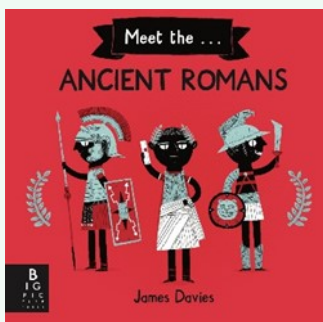
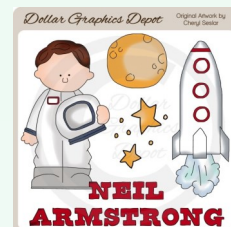
As always, please ask if you have any questions or queries about any aspect of your child's school life - we are always here to help!

Mrs Osman, Mrs Murray and the Newton Class Team

**Discover Learn Develop**

## Armstrong Class

It is really starting to feel more like Summer with this sunshine! As we head further into the Summer term, we are continuing to explore our topic Different Times, Different Lives.



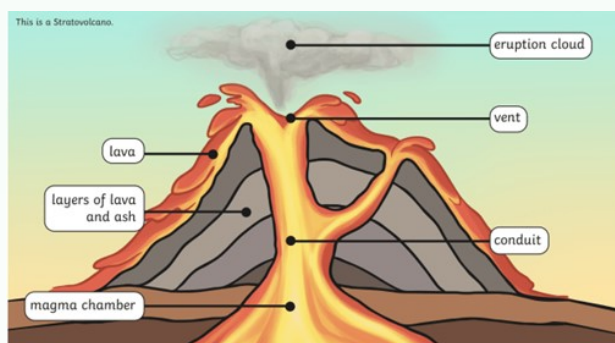
We have just finished our writing based on The Journal of Iliona by Richard Platt and we will be moving on to read Meet the Ancient Romans by James Davies. Armstrong will be taking inspiration from this book to create their own non-chronological report about the Romans.

In Maths, we will be focusing on strengthening the children's declarative knowledge. This means ensuring all children are confident in using the four operations: addition, subtraction, multiplication and division. As well as being able to recall key number facts such as times tables and number bonds for their year group with automaticity.

Our science focus this term has been light. We will continue our learning by thinking about the sun as a source of light and how we can protect ourselves from the sun. We are looking forward to our trust's science week coming up in June where we celebrate science and take part in a variety of investigations.

Our DT project this term links to our learning about the Romans and Italy. We have already researched Armstrong's favourite pizzas, created pictograms and bar charts, and designed our own pizza. Our next steps will be making and evaluating our final product.

In Geography, we will be learning about volcanoes. We will discover what a volcano is, the features of different volcanoes and what life is like in volcanic areas.



As we head further into the Summer Term, please remember that the weather will continue to change often. The children need to bring a waterproof coat with them every day and a jumper in case it gets chilly. Everyone will need a pair of wellies in school for outdoor learning (these need to remain in school for the duration of the term). Please ensure that your child brings a water bottle with them every day and as the weather gets warmer (fingers crossed), hats and sun cream as well on those hot summer days.



We will continue to change reading books on Fridays so please only send book bags in then. The children's PE days will continue to be on Tuesdays and Thursdays and they need to come into school wearing their sports clothes on those days.

If you have any questions regarding anything at all, don't hesitate to speak to me in the mornings or email the school office.

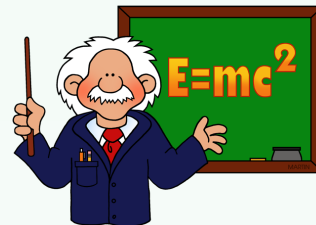
Miss Taylor and the Armstrong Class Team

**Discover Learn Develop**

## Einstein Class



Our topic for the summer term is **'Invention and Enterprise'**. It is a busy and exciting term. We have already had a visit to 'Spaceport Cornwall' and Watergate Bay in Newquay, which was fantastic. We have completed a 2 week block of intensive swimming lessons with super progress from all of our children. Our Year 6 children showed a great deal of resilience (which has been a whole school focus) when tackling the SAT papers, for reading, maths, and SPAG. We feel very proud of how they conducted themselves throughout the week and we enjoyed a celebratory lunch at Trevathan Farm shop afterwards. The Year 4 and 5 pupils showed us how responsible they could be during this week, and we are also very proud of them. Well done Einstein Class!



We now have a visit to the Hall for Cornwall planned for the start of June to see 'Titanic -The Musical'. The children were so engaged in their learning about the Titanic last term that we felt compelled to reward them with a visit to this show, which we think they will love. We also have our Year 5/6 residential and our annual 'Healthy Week' happening later this month.

We will be studying 'The Invention of Hugo Cabret' by Brian Selznick - a story full of wonder and excitement about a twelve-year-old orphan Hugo who lives in the walls of a busy Paris train station.



In RE lessons the children will be considering the big question of: 'Does faith help people in Cornwall when life gets hard?'

In RSHE lessons we have focused on the topic: '**Relationships**' and we will now look at '**Changing Me**' this half term, which many of our children have been anticipating all year! In this unit unlike previous ones, we will mostly teach in separate year groups, and we will cover topics of self and body image, puberty, babies, accepting change and looking ahead.

PE lessons will continue to take place on 'Trainer Days' -Tuesdays and Thursdays. In PE lessons with our Plymouth Argyle coaches we will develop our athletic skills. Our other PE session will focus on developing our outdoor and adventurous skills. However, outdoor learning can take place on any day of the week and pupils do need a waterproof coat, a sun hat, sunscreen, as well as a pair of wellies with them in school every day

Homework comes home every Monday, handwriting on one side with 10 spellings to learn, to be assessed on the following Monday. The reverse has times tables to complete in less than 3 minutes. The sums not completed in the time given, they can finish in another colour.

If you have any questions regarding homework or anything else please come and speak to one of the 'Einstein Class' team.

Mrs Watson and the Einstein Class Team

## Climbing wall

We have been delighted with how the playground markings have been received in the last year, by our pupils and so we are planning further developments to the playground!

The school receives 'Sports Premium' funding to enhance physical activity across the school for ALL children and we will be using some of this funding to hopefully get a climbing wall installed to add to our fantastic markings. Helping Hands are also donating a generous sum to ensure this project is as large as you can see from the picture below. We are currently in talks with the company to design this but we know the children will love this new development whatever it looks like!!!!



## No Stay and Play Session

As part of our ongoing safeguarding training in school, the staff have been invited to attend 'Bubbles to Protect' training on Wednesday 28th June.



Due to this whole staff training, there will be NO Wrap Around Care after school on Wednesday 28th June. We apologise for any inconvenience caused by this, but know that the St Kew Family will rally around if you are stuck for child care that night.

Please note: This day is our Beach Day during Healthy Living Week and therefore all children will need to be collected from the beach at 3pm on this day.

**Discover Learn Develop**

## Behaviour

The School Council have been working hard with Mrs M on the behaviour rules for St Kew.

They have been looking at the behaviour of the pupils in school and whether we need to make any changes to our rules to help pupils understand how to behave.

They have reported that behaviour is good at St Kew, that the children know how to behave and can tell us what they should do in different situations, but that they can't remember all of the rules.

So... during a meeting they created our family ties...

These family ties:

- Tie all of the old rules together
- Use the power of three, which is a focus for our Trust this year
- Use some of the language of our Learning to Learn skills to help pupils to remember each one.
- Help us to understand how we look after members of our family - those at home and those at school
- Ensure we know what is expected of us in school - we must be
  - ready to learn
  - responsible for ourselves and others
  - respectful of ourselves, other people, property and our environment.

We hope you like them!



## Attendance

Thank you all for helping us to reach an overall attendance figure of 90% across the year so far! This figure is below the national expectation of 96% for schools but based on the year we have all had, we can understand how this has been impacted by many illnesses

Please can we ask all parents to ensure their children are at school for as many days as possible: Let's see if we can keep this figure up by having as much 'good attendance' as we can in this last half term and push as close towards 96% as we possibly can.

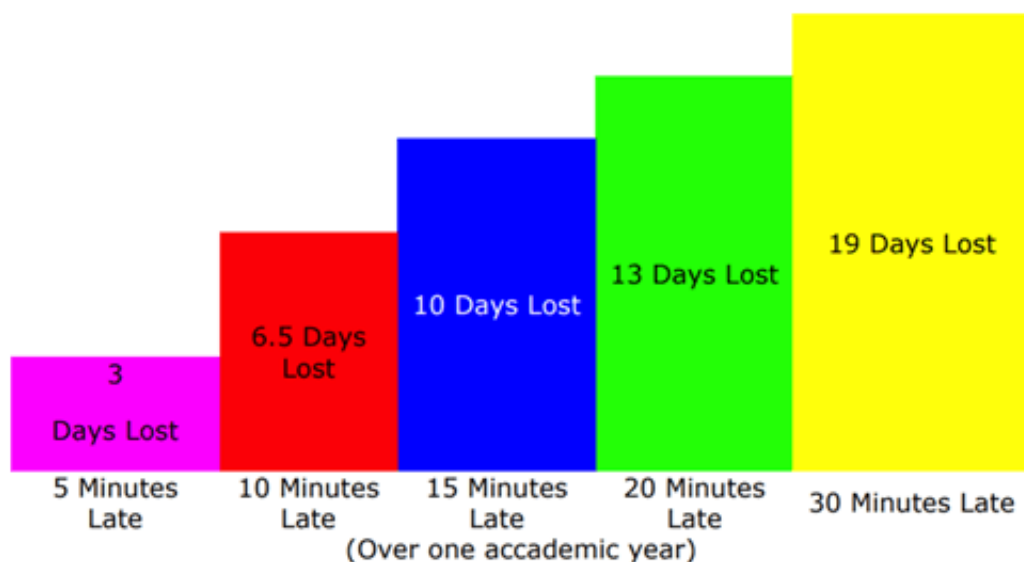
We have recently had a number of holiday requests for term time absences. Please remember that the law does not grant parents an automatic right to take their child out of school during term time. Any absence from school disrupts your child's learning, school routines and the learning of others.

Attendance is vital to academic success and lost education poses a potential risk of underachievement. This is something we all have a responsibility to avoid and we would ask that holidays are taken in half term and holiday breaks to minimise absences from school.

Persistent lateness has a similar detrimental effect on your child's attainment in school.

### Every Minute Counts

If you arrive late to school everyday your learning begins to suffer. Below is a graph showing how being late to school everyday over a school year adds up to lost learning time.



It is essential that children arrive at school, on a daily basis, punctually to ensure a calm and purposeful start to the day and to minimise the disruption to other learners.

We thank you for working with us to ensure the future success of your children.



## Is my child too ill for school?

Many thanks to Sophie Corker, our new Parent Governor, for suggesting that parents might find it helpful to know about some conditions where children can still come to school, and those that mean they should stay at home. I know many of you have recently been surprised that children can come to school when they have conjunctivitis so hopefully the info below will help with this.

### Coughs and colds

It's fine to send your child to school with a minor cough or common cold. But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

### High temperature

If your child has a high temperature, keep them off school until it goes away.



### Chickenpox

If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

### Cold sores

There's no need to keep your child off school if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

### Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.



### Ear infection

If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

### Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

### Head lice and nits

There's no need to keep your child off school if they have head lice. You can treat head lice and nits without seeing a GP.



### Impetigo

If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

## When should my child return to school?

## Is my child too ill for school? cont.

### Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

### Scarlet fever

If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

### Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. But let the school or teacher know if you think your child has slapped cheek syndrome.

### Sore throat

You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

### Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.

### Vomiting and diarrhoea

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

## Tea with Miss

The next Tea with Miss session will focus on **School improvement for September and beyond** and will be held on Friday 21st July at 9am in the school hall.

Please come and join us in the hall for a session sharing the ways in which we will be changing things in school in 2023-24, to make learning at St Kew **EVEN BETTER** than it already is!

There will plenty of time for questions, so please do join us if you have ever wondered **What will they be doing next year? What improvements to learning will my child see in September and beyond?**

And who doesn't like a bit of cake with their tea? There will be plenty on offer!!!

**Friday 21st July @ 9am**



## Governor Corner

Welcome back to the second half of the summer term and hope you have all had a good break over half term in the beautiful May sunshine.

At the beginning of term we had some changes to the governing board at St Kew and we would like to thank Lizzie and Tim for their time, dedication and enthusiasm while on the board and wish them all the best. As a result, we are delighted to welcome 2 new governors to the St Kew school board .

Sophie Corker Parent Governor - Sophies daughter currently attends St Kew school and she is delighted to become a parent governor. Sophie and her family chose St Kew based on the culture, in particular the focus on outdoor learning and the sense of family . Sophie moved to Cornwall with her family after living in Australia for 14 years where she worked in the technology sector. During this time Sophie had the privilege of being involved in student mentoring which she found immensely rewarding. Sophie is thrilled to have the opportunity to support the school in achieving their goals for the future.

Matthew Pope Community Governor - Matthew has been part of the St Kew Parish Community for 16 Years (living in Chapel Amble). Matthew has 3 sons the oldest of which is autistic. Matthew's professional background has been in investment and finance, Matthew is a trustee of an autism related charity, The Fred Foundation and has been involved in fundraising for Treehouse and Priors Court. Matthew is passionate about education and the need to get a great start in life . Matthew and his family have been warmly supported as a family in the parish and he is very happy to pay that back as a governor at St Kew. Outside of work Matthews great passion is gardening.

As governors we have been monitoring different areas of the school looking at the library , how writing is improving, attendance of pupils, safe guarding, making sure there is enough support for all pupils , staff and attending "Tea with Miss" in March and May. Both sessions welcomed all with refreshments. The topics so far have been around the learning of phonics and the importance of attendance, well worth attending so you as parents/carers can meet other parents, governors and chat about any concerns, ask questions and learn how the school is supporting children. Look out for the next date, and we look forward to meeting you.

We know there are lots of outings/ trips out planned for classes. A trip to Truro Theatre to see Titanic, another to Truro Museum and a visit to Newquay Zoo, as governors we will aim to go on those we can. It is always a joy to see how well behaved the St Kew children are when out in public.

A busy and fun packed term ahead, so important that your child gets to school every day on time , so they can benefit from all the school has to offer.

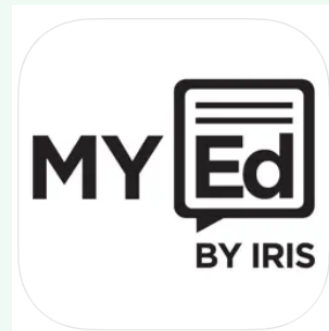
Pip Campbell  
Chair of Governors



## Parent Pay is changing!

As you will know from previous communications, from 1st July we will be using IRIS PlusPay for all payments that need to be made to school. This is a quick and easy service via the free My Ed app.

My Ed is a free parent App that gives you a multitude of communication and information features to stay in touch with what is going on at school. The app gives you direct access to your child's attendance, absence records, and much, much more. You will also see that we update and change the information in the app as the school year moves along.



Thank you to everyone that has downloaded the new MyEd App.

Through this new app, we will be communicating with you via IRIS Reach (which will be replacing the eSchools texting system).

The app will also give you access to our new payments system IRIS +Pay (which will be replacing ParentPay).

eSchools will be going offline on the 30th June, so if you are one of the few parents that hasn't yet downloaded MyEd, please can you do this as soon as possible or you will not be able to receive any messages that we send out. Please see the instructions below.

ParentPay will also be going offline very soon but we will be doing this in stages.

Having successfully downloaded the MyEd App, the first thing that we need all parents to do is to register with +Pay. Please refer to the document attached to the email sent before half term on how to do this - if you do not still have a copy of this, please ask at the office for another.

If you have any issues with setting this up, please come into the office and we will be able to help you with this.

We will be moving all payments in stages - School Meals, Breakfast and Wrap Around Club, Pre-School, etc.

When we are about to transfer one of the payment items (e.g. school meals) we will message parents to ask them to STOP making payments to ParentPay. We will then transfer all balances over and advise parents when they can start to make payments using +Pay.

In addition to parents using +Pay to make payments, parents will also need to use the system to book school meals and places in breakfast/teatime club, after school clubs, etc. We realise that this will be new for parents, but hope that (once everyone gets used to it) it should become very easy.

And please don't worry - we will always be able to book a meal or place in teatime club if parents have forgotten for any reason.

Once we are all used to the new system, we are sure it will bring lots of benefits. We will try to ensure the transition is as smooth as possible and ask that you get in touch if you have any queries or problems.

Available for both Apple iOS and Android devices, you should have all downloaded the app already (deadline was 2nd June), but if you haven't yet, then please click on the links here: [Apple iOS App Store](#) or [Google Android App](#)

## End of Term celebrations

On Monday 24th July, we would like to invite parents to come and join their children in their classrooms to celebrate the work that they have produced this year, share some of the things they have learnt and generally enjoy being together in our classrooms.

Please join us just after drop off - tea and coffee served in the hall first (whilst registers are taken).

We are always so proud of our pupils and their achievements, that we know there will be lots to share and celebrate!



## Reports

Yes, it's fast approaching that time of the year again where we are busily writing reports for all of our pupils to sum up the wonderful achievements of your children across the school year. Reports will be sent out to you on Friday 14th July in satchel post and will follow a new format, devised with the help of our Trust, Mrs Murray and a few select headteachers to get the balance for all, just right! Please find a summary of the reports below and the templates on the next few pages.

### General Comment

Each report begins with a *General Comment*. This tells you about your child's general approach to school over the year, the things that they have excelled at and the areas where they may need further support, alongside social development, behaviour and friendships.

### Attendance & Punctuality / Attitudes to Learning

Your child's level of attendance, across the school year and their approach to school will be detailed in this section, based on the expected level of 96% across the year, alongside Personal and Social Development, as we know this has been something parents would like to know about.

### Areas of Learning: Reception Pupils / English, Maths and Foundation Subjects: Y1 to Y6

For areas of learning and curriculum subjects we will report the stage of development your child has reached in relation to Age-related expectations.

### Targets

Reading, writing and maths targets will be set for each pupil - these will help your child and the class teacher to identify a starting point for September.

Please let us know what you think about the new format, as Kernow Learning will be using feedback to create the report format to be used for all schools within our Trust next year.

Appointments to discuss any concerns about your child's report, with their class teacher, can be requested for any day during the last full week of term. Please organise these with the office.

# Reports cont.



## Annual Pupil Report to Parents 2023-2024 Early Years Foundation Stage



Pupil photo

Name: \_\_\_\_\_  
Term of report: \_\_\_\_\_  
Year Group / Class: \_\_\_\_\_

Attendance and Punctuality		
<b>Exceptional</b> Attendance is 97% or higher. Always in school on time.	<b>Good</b> Attendance is 95% or higher. Very rarely late at school.	<b>Room for Improvement</b> Attendance falls below 95% or occasionally late to school.
Attitude to Learning		
<b>Exceptional</b> Goes beyond expectations in applying themselves to learning.	<b>Good</b> Consistently good effort with all work.	<b>Room for Improvement</b> Effort is sometimes good but not yet consistent.

Your child's attainment for the end of the EYFS year is based on teacher assessment. This report gives an indicator whether your child is on track to achieve the expected outcome by the end of the academic year.

Attainment is measured in one of the following bands:

- Expected - child is working within the expected level for EYFS
- Emerging - child is working towards the expected level for EYFS

If your child is not working at the expected standard this does not mean that they have not made good progress. If you would like to know more about your child's progress in school at **any time** across the school year, please use our open-door policy to come and talk to us. We can be available every day and are happy to arrange an appointment via the office to meet you outside of drop off and pick up times.

<b>Prime Areas - these are the skills that make an effective learner</b> <b>Communication &amp; Language</b>	Emerging	Expected
Listening, Attention & Understanding		
Speaking		
<b>Personal, Social and Emotional Development</b>	Emerging	Expected
Self-Regulation		
Managing Self		
Building Relationships		
<b>Physical Development</b>	Emerging	Expected
Gross Motor Skills		
Fine Motor Skills		
<b>Specific areas- these lay the foundations for the curriculum</b>	Emerging	Expected
<b>Literacy</b>		
Comprehension		
Word Reading		
Writing		
<b>Mathematics</b>	Emerging	Expected
Number		
Numerical Patterns		
<b>Understanding the World</b>	Emerging	Expected
Past & Present		
People, Culture & Communities		
The Natural World		
<b>Expressive Arts &amp; Design</b>	Emerging	Expected
Creating & Materials		
Being Imaginative		

**Next Steps for the Summer Term**

Word Reading and comprehension

Writing

Number

**Pupil Comments**

I am really good at \_\_\_\_\_ I am trying to get better at \_\_\_\_\_

When I grow up, I would like to be a...

Teacher: \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_



KS1

Annual Pupil Report to Parents 2023-2024

Name: \_\_\_\_\_ Year Group / Class: \_\_\_\_\_

Term of report: \_\_\_\_\_

Pupil photo

\_\_\_\_\_

Your child as a learner			
	Always	Most of the time	Sometimes
Interested in learning			Rarely
Listens attentively			
Works well independently			
Enjoys reading for pleasure			
Keeps trying even when tasks are difficult			
Presents work carefully			
Your child's social and personal development			
	Always	Most of the time	Sometimes
Enjoys school			Rarely
Works well with others			
Expresses and manages feelings			
Able to make and keep friends			
Happy to ask for help from others			

Attendance and Punctuality		
	Good	Room for improvement
Exceptional	Attendance is 97% or higher. Always in school on time.	Attendance falls below 95% or occasionally late to school.
	Attendance is 95% or higher. Very rarely late at school.	Attendance is below 90% or persistently late to school.

English	Greater Depth	Expected Standard	Working towards the expected standard
Spoken Language			
Reading			
Writing			
Writing – Grammar, punctuation, spelling			

Mathematics	Greater Depth	Expected Standard	Working towards the expected standard
Reasoning			
Fluency in place value			
Fluency in times tables			
Number – addition and subtraction			
Number – multiplication and division			
Geometry – properties of shape			

Foundation Subjects	Expected standard	Working towards the expected standard
Science		
Religious Education		
History		
Geography		
Physical Education		
Art & Design		
Music		
Computing		

Reading targets for the summer term

Writing targets for the summer term

Maths targets for the summer term

**Pupil Comments**

I am good at \_\_\_\_\_ I am trying to get better at \_\_\_\_\_

When I grow up, I would like to be a...

Teacher: \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

When children are working at age related expectation for their year group they are working within the 'Expected Standard', if they are working at 'Greater Depth' they have a deep understanding of the areas taught and the ability to apply this understanding in a variety of contexts. Children 'Working towards' the expected standard are working towards the age-related expectation for their year group. If you would like to know more about your child's progress in school at **any time** across the school year, please use our open-door policy to come and talk to us. We can be available every day and are also happy to arrange an appointment via the office to meet you outside of drop off and pick up times.



KS2



Annual Pupil Report to Parents 2023-2024

Name: \_\_\_\_\_ Year Group / Class: \_\_\_\_\_ Pupil photo

Large empty box for additional notes or comments.

Table with 2 columns: 'Your child as a learner' and 'Your child's social and personal development'. Rows include 'Interested in learning', 'Listens attentively', 'Works well independently', 'Enjoys reading for pleasure', 'Keeps trying even when tasks are difficult', 'Presents work carefully', 'Enjoys school', 'Works well with others', 'Expresses and manages feelings', 'Able to make and keep friends', 'Happy to ask for help from others'.

Table with 2 columns: 'Attendance and Punctuality'. Rows include 'Exceptional: Attendance is 97% or higher. Always in school on time.', 'Good: Attendance is 95% or higher. Very rarely late at school.', 'Room for Improvement: Attendance falls below 95% or occasionally late to school.', 'Cause for concern: Attendance is below 90% or persistently late to school.'

Reports cont.

Table with 4 columns: English, Greater Depth, Expected Standard, Working towards the expected standard. Rows include Spoken Language, Reading, Writing, Writing - Grammar, punctuation, spelling.

Table with 4 columns: Mathematics, Greater Depth, Expected Standard, Working towards the expected standard. Rows include Reasoning, Fluency in place value, Fluency in times tables, Number - addition and subtraction, Number - multiplication and division, Fractions, decimals and percentages, Statistics, Geometry.

Table with 4 columns: Foundation Subjects, Expected standard, Working towards the expected standard. Rows include Science, Religious Education, History, Geography, Physical Education, Art & Design, Music, Computing.

Reading targets for the summer term
Writing targets for the summer term
Maths targets for the summer term

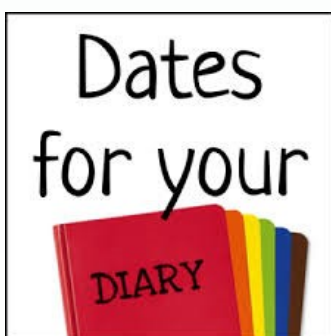
Pupil Comments section with 'I am really good at' and 'When I grow up, I would like to be a...'

Teacher: \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_
When children are working at age related expectation for their year group they are working within the 'Expected Standard'...



## Important Dates for the second half of the Summer term:

- ⇒ Year 4 Multiplication check window: 5th - 16th June
- ⇒ INSET Day: 9th June
- ⇒ Year 1 Phonics Screening Check window: 12th - 16th June
- ⇒ PTA Fathers day pop up shop: 16th June
- ⇒ Science Week: 19th - 23rd June
- ⇒ Year 5 & 6 Residential: 19th - 23rd June
- ⇒ Healthy Lifestyles week: 26th - 30th June
- ⇒ EYFS Multi Skills festival: 28th June
- ⇒ Sports Day: 30th June 1.30pm
- ⇒ Year 6 transition Week: 3rd - 6th July
- ⇒ Summer Fayre: 7th July
- ⇒ Year 6 SATs results day: 11th July
- ⇒ Year 5 Our Girls Can Festival: 12th July
- ⇒ Year 5 & 6 Dryathlon: 13th July
- ⇒ Year 6 Welcome evening at Wadebridge School: 13th July
- ⇒ Annual Reports to Parents (more info to follow): 14th July
- ⇒ Class transitions for all pupils (except Y6): 19th & 20th July
- ⇒ Tea with Miss: 21st July 9am (School Improvement for 2023-24)
- ⇒ End of Term celebrations: 24th July - parents to join us for a look at what we have achieved this year!
- ⇒ Y6 Leaver's Assembly: 9am in the school hall to 'say goodbye'!!!



End of Term: 25th July  
Summer Holidays begin:  
26th July





# ST JAMES'S CHURCH

## SUMMER FETE

### 29<sup>TH</sup> JULY 2023

TRESCOBEL, ST KEW,  
PL30 3HB

### 2PM WELCOME

Teas	Books	Plants	Raffle
St Minver	Silver Band	Cake Stall	
Bric-A-Brac	Punch & Judy		
Nearly New	Toys	Lucky Dip	
Children's Races & Games	Jumble		



Discover Learn Develop

## **St James' Fete**

We are delighted to be able to support the St James' Fete again this year - we love attending this fete and sharing some of the games that the children have made to share at our school Summer fayre, with the wider community! Please do join the school at Trescobel for this 'traditional' fete on Saturday 29th July from 2pm.

### **A message from the organisers, Andrew and Pip Campbell (our very own Chair of Governors!):**

It's great to be planning the St James fete again at St Kew this year on Saturday the 29th July. We look forward to seeing you all there for fun and tea, and many stalls, games and entertainment.

As usual we would be very grateful for any donations of the following:

- Jumble
- Bric-a-brac
- Nearly New
- Good China new / nearly new
- Bottles for the bottle stall
- Books
- Garden produce/plants
- Toys in good condition

Please leave any donations at the back of the church by the font in boxes/bags clearly labelled for which stall by Friday evening 28th July or bring to Trescobel's garden on the day. Cakes please bring on day for the cake stall.

If you have any queries please contact Andrew or Pip Campbell on 01208 841115.

## Helping Hands News



We are all loving the sunshine at the moment and gearing up for the last half term of this academic year and with it comes some fabulous PTA events!

On Friday 16th June we have our popular Father's Day Pop-Up shop - where the children can bring their money along and choose a present for their loved one. By the time you read this the forms will have come out in the book bag post so we can get an idea of numbers - this event is a great way of allowing the children some independence and pride in choosing something themselves whilst simultaneously raising money for the PTA.

You will have also received in the book bags a letter regarding our 'Auction of Promises' - this year bids will be received in the build-up to the summer fayre (more on that in a mo!) with the bids closing during the fayre itself. If you are new to the Auction of Promises this is a fun and unique way of grabbing yourself an unusual bargain. Parents, supporters and friends of the school, along with local businesses, offer a 'service' that you can bid on - it can be anything from Mrs M baking you a delicious cake to Chevi dressed up and washing your car to a stay in a fancy converted lorry to someone cleaning your house for an afternoon. The possibilities are endless! If you think you would like to offer something for the auction please do get in touch. The 'bidding board' will be set up in the school hall in the days leading up to the summer fayre - and beware there can be a last minute dramatic scramble as people clamber to place the highest bid!

The summer fayre is on Friday 7th July this year and a special PTA sub-committee is busy behind the scenes planning and organising it all - from a bouncy castle to a BBQ to face painting to stalls and cakes and games and music and more - it's going to be a fabulous event! Please do keep an eye out as details are firmed up closer to the date. In the meantime we will be collecting raffle prizes - know a local business that would like to donate a voucher? Or have a bottle of something lovely you would like to donate - again give us a shout please!

This year we would also like to offer parents and supporters the opportunity to have a stall at the fayre where they can sell their goods/produce etc - there will be a limited number and we are thinking along the lines of homemade jams/local craft etc. If this is you then what are you waiting for? Get in touch with us! It would be a great opportunity to showcase some locally made things and offer people the chance to buy something lovely as a memory of the St Kew School Summer Fayre!

All of these events of course raise money which is fed back into supporting and enhancing your children's time at St Kew. As you may be aware there are grand plans afoot to get a climbing wall in the playground and so we are planning for a lot of this summer fundraising to support this.

None of this can happen though without your support - coming along to the events is a great start but if you also want to volunteer and get more involved we would be forever grateful - we are also quite fun to hang out with....

Paul, Lauren, Linzi, Sophie, Kayna, Chevi, Michelle, Amanada, Chantelle & Carla

# What Parents & Carers Need to Know about TODDLERS & SCREEN TIME

The toddler years are full of excitement, exploration and energy. It's a critical time in children's development, when brain connections are rapidly forming. Youngsters often begin to discover devices around this age, as they learn to communicate with friends, play games and watch videos (Ofcom recently found, for example, that one in five 3-4-year-olds in the UK uses social media). These activities can make a child happy and relaxed but have a damaging impact if overused. Setting screen time limits for toddlers can be a challenge, so we've pulled together some suggestions for making sure your little one is interacting with the online world in a safe, healthy way.

## ONLINE SAFETY CHECKLIST

### ✓ PARENTAL CONTROLS

Children need to be shielded from content that's not age appropriate. You can do this by adjusting parental controls and safe search settings on the devices, apps and games they use.

### ✓ ONGOING SUPERVISION

Try to stay engaged and present in what your child is doing digitally. Make time to talk about what they enjoy and how they can stay safe online.

### ✓ OFFERING HELP

Teach your toddler to ask for help – and that they should always tell a trusted adult if they're unsure about anything to do with a device, or they see or hear something that makes them scared or upset.

### ✓ COMMUNICATION IS KEY

Emphasise that your child should check with you before they do anything online for the first time – such as watching a new show, playing a new game or exploring a new app.

### ✓ FACE TO FACE IS ACE

Support toddlers' development of language and other skills by prioritising games or apps that encourage face-to-face interaction – like learning to read or count with an adult.

## Advice for Parents & Carers

### MODEL IT

Your toddler is watching and learning from you whenever you pick up your phone. Even babies are aware of screens and the attention their parents give to them. By showing you know when to put your phone down and focus on something else, you're modelling an important behaviour for them.

### CONTROL IT

Use tech to control tech. Most devices and individual apps have settings that allow you to restrict screen time. Decide on the right length of time and use the settings or a timer to block access. This is especially useful for very young children, who simply see it as the device 'turning off'.

### ANNOUNCE IT

When a toddler's screen shuts off suddenly, it can lead to frustration and tears. Let your little one mentally prepare for the end of screen time by announcing they have five minutes left, two minutes left and so on. You could also set an egg-timer, alarm or buzzer to go off just before time's up.

### DELAY IT

Try to avoid letting children start their day with screen time. Once they're online, it can be hard to get them back offline – and can set a negative tone for the rest of the day. Routine and structure are important for toddlers, so encourage them to enjoy some other activities before the screens go on.

### TRADE IT

You could try offering rewards and alternatives in exchange for screen time – for example, having a device-free day to get a playdate with a friend at the weekend, or skipping screen time one evening in return for a trip to the ice cream parlour tomorrow.

### EARN IT

Screen time can definitely be used as a reward. You could opt for the classic "no screen time until you've tidied up your toys" or you could get creative and award screen time in relation to successful tasks: eating all of their vegetables earns 10 minutes on their device, for example.

### REMOVE IT

Keep family mealtimes, social gatherings, children's bedrooms and other important occasions and places screen free. Remember to turn off TVs that you aren't watching, because even background noise can distract from you spending quality face-to-face time with your young ones.

### SWAP IT

Put together a bag of things that your children love playing with – and get them to help choose what goes in there (items like stickers, pens, small toys, Lego or teddy bears are ideal). Then encourage them to pick something to play with from "the special bag of fun" instead of staring at a screen.

## Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa: a reporting system currently being used to combat bullying in schools and businesses around the world. FaceUp helps to give a voice to bystanders by encouraging them to speak up against unacceptable behaviour.



<https://www.nationalonlinesafety.com/parents/parents-digital-agency> | [https://www.nationalonlinesafety.com/data/assets/pdf\\_file/0004/234009/children-media-use-and-cta-dec-report-2022.pdf](https://www.nationalonlinesafety.com/data/assets/pdf_file/0004/234009/children-media-use-and-cta-dec-report-2022.pdf)  
<https://blog.nationalonlinesafety.com/10-strategies-for-managing-screen-time> | [https://www.babycenter.com/child-development/and-play/screen-time-ids\\_040800](https://www.babycenter.com/child-development/and-play/screen-time-ids_040800) | <https://nbs.nationalonlinesafety.com/parents/parents-overview-baby-toddlers/>

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 29.04.2022

# ONLINE SAFETY FOR UNDER 5s

## 10 Top Tips for Parents and Carers

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 50% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

### 1 USE DEVICES TOGETHER

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing – allowing them to ask you questions, and so on.

PARENT CODE:  
\*\*\*\*\*

### 6 BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block buys from app stores, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

### 2 ACTIVATE PARENTAL CONTROLS

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

### 7 CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

### 3 MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

### 8 INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different – and that they'll access content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.

### 4 TALK ABOUT BEING SAFE ONLINE

Just like we teach children about being safe in the real world, we need to educate them about how to stay safe online. Use age-appropriate language to help them understand, and plenty of hand gestures can reinforce what you're telling them.

### 9 IF IN DOUBT, ASK

The easiest way to find out what your child is doing online is usually just to talk about it with them. Developing an open dialogue at an early age helps them grow up feeling able to talk to you about their digital life – providing opportunities to intervene if you're concerned.

### 5 SET A GOOD EXAMPLE

Children often learn by watching and copying those around them, and using digital devices is no exception. When you're around your child, try to follow the same rules that you've set for them. Let them see you balancing your time online with interacting with people in real life, too.

### 10 SUPPORT CREATIVE & ACTIVE PLAY

Physical and creative activities are important for a child's wellbeing, and there are plenty of ways to incorporate technology into that. For example, you could encourage games that require physical movement; dance and sing along to songs your child loves; and follow step-by-step crafting videos.

### Meet Our Expert

Konstantina Moustaka is a professional development and EYFS coordinator at an 'outstanding' nursery school in London. She has been working as a nursery and early years practitioner, both in the UK and internationally, for the past 16 years.



**NOS** National Online Safety®  
#WakeUpWednesday

Source: <https://www.ofcom.gov.uk/consult/condocs/children/children-media-user-and-attitudes-report-2022.pdf>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.05.2022

# 10 Top Tips for Respect Online: INSPIRING CHILDREN TO BUILD A BETTER DIGITAL WORLD

Our ability to communicate with anyone in the world, at any time, via the internet has grown at breakneck speed. For teachers and parents, it can feel impossible to keep up. Worrying about our young people is understandable, and not unjustified: in 2020, for example, one in five 10- to 15-year-olds experienced bullying online. Our tips highlight ways that adults can support young people's positive online behaviours: by adopting and following 'netiquette', we can show them how to avoid getting into difficulty as they learn to negotiate the continually evolving digital landscape.

## WHAT IS NETIQUETTE?

Just like etiquette is a set of rules which guides and governs our interactions with others in everyday life, netiquette – etiquette on the net – is the framework which helps inform how we communicate with people online. The rules of engagement often aren't the same as a face-to-face meeting, so it's important that we can accurately 'read' situations in the digital world and know how to act appropriately.

### 1 ACCEPT DIFFERENT RULES

A lot of our interaction with others is helped by non-verbal signals like body language and facial expressions. Online, of course, many of these clues are missing. Talk to your child about why this makes misunderstandings more likely to occur in the digital world and why keeping in mind that online communication is a very different process can help to prevent difficulties from arising.

### 2 PRESS 'PAUSE'

It's so easy to do things quickly online that most people (adults included) habitually send or respond to messages without considering the consequences. Pushing 'the pause button' buys a young person some time while they ponder the golden rule: "Would I still say this if the other person was right in front of me?" You could practise this with your child on some made-up tricky situations.

### 3 THE INTERNET IS ADDICTIVE

Apps and sites use sophisticated algorithms and clever marketing to keep us engaged, while notifications to our devices are designed to draw us back in. It's no wonder that people continually return to the digital world, sometimes spending long periods of time there. You and your child could trial turning off notifications on certain apps and instead agree a time to check for updates manually.

### 4 BEWARE THE DARK SIDE

Getting a hurtful or unhelpful comment on social media or in a group chat can make the recipient feel publicly shamed. That's painful for anyone – but especially for a young person whose status in a group is integral to their sense of identity. Encourage your child to think about the best and safest way to send a message: for example, doing it as a private message rather than a public post.

### 5 HARMFUL INTERACTIONS

Unfortunately, it's very easy to send a hurtful message or to spread gossip and rumours online. We all know this happens regularly. Not having to deal with actually seeing the other person's distress usually doesn't help people to make a positive decision in the moment. It's important that trusted adults help children to visualise the potential consequences and have empathy for others.

### 6 APPRECIATE DIFFERENCES

We're all built differently; some people are simply more emotionally sensitive than others. Young people can be particularly affected by negative online communication, such as group shaming. Even a single message (which might seem trivial at face value) can cause deep anguish. Trusted adults should be prepared to be patient and listen to any difficulties their child might have had online.

### 7 ACCENTUATED ANXIETY

Young people's online lives create a lot of anxiety. Messages go into a 'black hole' until someone responds, there are more reasons to compare ourselves negatively, and social media can make us feel like we're missing out. Encourage activities such as sports and hobbies to balance this out, and remember that merely blocking out thoughts (by gaming, for instance) isn't the same as relaxation.

### 8 PRO-SOCIAL BEHAVIOUR

A huge positive for the internet is how it helps people to feel connected and makes being kind and helpful easy to spread. When young people get involved in pro-social behaviours online, it creates a positive feedback loop which makes them feel good. Show your child examples of when you've done or said something positive online, and praise and encourage them when they do the same.

### 9 BE A GOOD ROLE MODEL

One of the best things we can do as trusted adults is to role model positive online behaviour. Just letting your child see that you know when it's time to put your phone away and do something more productive can set a strong example. Some families set aside particular times of the week (such as mealtimes or a family walk) where digital devices aren't allowed and conversation takes precedence.

### 10 SHOW COMPASSION

Mistakes can feel much bigger online, because they're so public. If a young person does or says something regrettable on the internet, it's important to support them to forgive themselves, learn any lessons and move forward positively. Even as adults, we can often stumble when learning how things work in the fast-moving digital world, so it's important to have compassion for ourselves, too.

## Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Source: <https://www.nationalonlinesafety.com/parents-and-carers/parents-and-carers-top-tips-for-online-safety>  
<https://www.nationalonlinesafety.com/parents-and-carers/parents-and-carers-top-tips-for-online-safety>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 02.02.2022

# Let's talk about cervical cancer

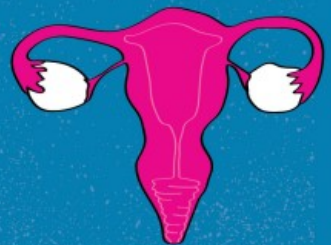
You might know about smear tests. They can stop cervical cancer from ever developing.

**You're invited regularly from 25 to 64**

You might find going for smear tests hard (especially at the moment).

**So make sure you know the symptoms:**

- **Vaginal bleeding that is unusual for you**
- **Changes to vaginal discharge**
- **Pain or discomfort during sex**
- **Pain in your lower back or pelvis**



**The earlier cervical cancer is found, the easier it is to treat.**



So whether you're up to date with your smear test, are waiting for a test, or have never been, if you have any of these symptoms then call your GP as soon as possible.

Your GP has measures in place to keep you **safe from coronavirus.**



**For further information and support**

Call our helpline: **0808 802 8000**

Find us online: **jostrust.org.uk**

Jo's cervical  
cancer trust



**Discover Learn Develop**



With the weather hotting up... please be safe around the water!



ROYAL  
LIFE SAVING  
SOCIETY UK

# ALWAYS FOLLOW THE WATER SAFETY CODE

Whenever you are around water:

## STOP AND THINK

Take time to assess your surroundings.  
Look for the dangers and always  
research local signs and advice.

## STAY TOGETHER

When around water always go with  
friends or family.  
Swim at a lifeguarded venue.

In an emergency:

## CALL 999

Ask for the Fire and Rescue Service  
when inland and the Coastguard if at the  
coast. Don't enter the water to rescue.

## FLOAT

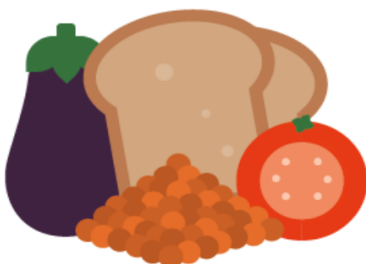
Fall in or become tired - stay calm, float  
on your back and call for help.  
Throw something that floats to somebody  
that has fallen in.

Enjoy Water Safely

Learn basic lifesaving and CPR skills.  
Visit [www.rlss.org.uk](http://www.rlss.org.uk)

Discover Learn Develop

**Eat well for you and the planet!**



Focus on Fibre



Get at least 5 A DAY



Vary your protein



Stay hydrated



Reduce food waste



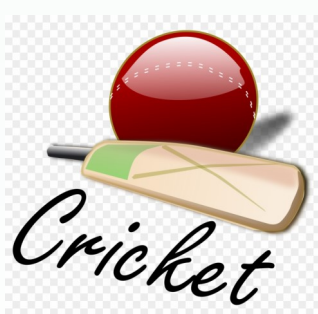
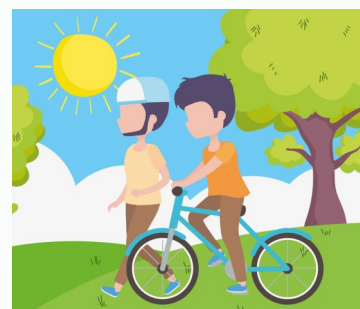
**Healthy Living Week**

Following on from the National Campaign in the week beginning 12th June, we will be holding our annual Healthy Living Week at school in the week beginning 26th June. We will start this week with team building to strengthen the relationships between all of our pupils further still and end it with Sports Day on Friday 30th June at 1.30pm!

In between these days, the children will experience many different coaching and learning sessions covering Physical activity, Dance, Cricket, Athletics, Orienteering, Yoga, Circuits and Healthy Eating to name but a few!

Our usual beach day will take place on Wednesday 28th June, as you will have seen from earlier information in this newsletter, and we would ask that parents drop their children at Polzeath Beach, to meet school staff at 9am on this day and collect again at 3pm, so

that staff can attend their safeguarding training.



# Walking & Cycling in Wadebridge

## Drop in and have your say!



4<sup>th</sup> July 17:30 – 19:30  
Swan Hotel

We'd like to hear your thoughts on walking, cycling & wheeling in Wadebridge at our public interactive engagement event.

Come and chat to some friendly faces with a cup of tea and a biscuit, to help us develop an infrastructure improvement plan for your area.

To find out more, please contact:  
E: [jess.rowe@sustrans.org.uk](mailto:jess.rowe@sustrans.org.uk)

We work for and with communities, helping them come to life by walking, wheeling and cycling.

We campaign to create healthier places and happier lives for everyone.

Join us on our journey.

[www.sustrans.org.uk](http://www.sustrans.org.uk)



Registered Charity No. 326550 (England and Wales)  
SC039263 (Scotland).

© Sustrans 2023

**sustrans**  
JOIN THE MOVEMENT

Discover Learn Develop

# Joyful June 2023

MONDAY



5 Think of 3 things you're grateful for and write them down

TUESDAY



6 Get out into green space and feel the joy that nature brings

WEDNESDAY



7 Do something healthy which makes you feel good

THURSDAY

1 Decide to look for what's good every day this month

8 Find joy in music: sing, play, dance, listen or share

FRIDAY

2 Say positive things in your conversations with others

9 Ask a friend what made them happy recently

SATURDAY

3 Re-frame a worry and try to find a helpful way to think about it

10 Bring joy to others by doing something kind for them

SUNDAY

4 Take a photo of something that brings you joy and share it

11 Eat good food that makes you happy and really savour it

12 Write a gratitude letter to thank someone

13 Take a light-hearted approach. Choose to see the funny side

14 Share a happy memory with someone who means a lot to you

15 Look for something to be thankful for where you least expect it

16 Speak to others in a warm and friendly way

17 Take time to notice things that you find beautiful

18 Look for something good in a difficult situation

19 Get outside and find the joy in being active

20 Rediscover and enjoy a fun childhood activity

21 Send a positive note to a friend who needs encouragement

22 Watch something funny and enjoy how it feels to laugh

23 Create a playlist of uplifting songs to listen to

24 Bring to mind a favourite memory you feel grateful for

25 Show your appreciation to people who are helping others

26 Make time to do something playful, just for the fun of it

27 Be kind to you. Do something that brings you joy

28 Notice how positive emotions are contagious between people

29 Share a friendly smile with people you see today

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together

# **BODMIN NETBALL**

## **JUNIORS**

**WE ARE RECRUITING NEW MEMBERS  
FOR OUR U12 SECTION  
PRIMARY YR5 – SECONDARY YR7**

**EMAIL NOW FOR MORE INFORMATION**

**[bodminnetballjuniors@gmail.com](mailto:bodminnetballjuniors@gmail.com)**

**STARTING WEDNESDAY 6TH SEPTMBER**

**LEARN NEW SKILLS, WORK ON YOUR FITNESS, DEVELOP  
YOUR NETBALL KNOWLEDGE AND MEET NEW FRIENDS!**




**Discover Learn Develop**

Cornwall Spring/  
Summer Menu

**WEEK ONE**

17 April  
8 May  
5 June  
26 June  
17 July  
28 August  
18 September  
9 October



**MONDAY**

Option one  
Cheese & Tomato Pizza with Wedges   
Option two  
Crunchy Topped Vegetable Bake with New Potatoes   
Vegetables  
Mixed Salad  
Coleslaw  
Dessert  
**NEW** Syrup Snap Biscuit 




**TUESDAY**

Beef Lasagne with Garlic Bread   
Wholemeal Vegetable Pasta Bake   
Vegetables of the Day  
Fruit Jelly with Mandarins 

**WEDNESDAY**

Roast of the Day, Roast Potatoes & Gravy  
**NEW** Sweet Potato & Spinach Flan with Roast Potatoes   
Vegetables of the Day  
Freshly Chopped Fruit 

**THURSDAY**

**Quirky Bird**   
BBQ or Lemon & Herb Chicken  
BBQ or Lemon & Herb Vegan Quorn with Jollof Rice & Salads   
Vegetables of the Day  
Iced Vanilla Sponge 

**FRIDAY**


Fishfingers with Chips & Tomato Sauce  
Mexican Bean Roll with Chips & Tomato Sauce  
Peas  
Baked Beans  
Oaty Cookie 



**WEEK TWO**

24 April  
15 May  
12 June  
3 July  
24 July  
4 September  
25 September  
16 October

**Mac and Cheese Concept** 

A choice of different Mac & Cheese flavours, with meat & vegetarian toppings  
Vegetables of the Day  
Summer Lemon Cake



Roast of the Day, Roast Potatoes & Gravy  
Potato and Courgette Layer Bake  
Vegetables of the Day  
Fruit Medley 



Chef's Special Chicken Korma with Rice   
Vegetable Wellington with New Potatoes & Gravy   
Vegetables of the Day  
Peach Crumble with Cream 



Fishfingers with Chips & Tomato Sauce  
**NEW BEET Burger** with Chips & Tomato Sauce   
Peas  
Baked Beans  
Vanilla Shortbread 


**WEEK THREE**

1 May  
22 May  
19 June  
10 July  
11 September  
2 October

**NEW** Chinese Vegetable Noodles   
Lentil & Sweet Potato Curry with Rice   
Vegetables of the Day  
Peaches with Ice Cream

Roast of the Day, Roast Potatoes, Stuffing & Gravy  
Vegan Quorn with Stuffing, Roast Potatoes & Gravy   
Vegetables of the Day  
Fruit Platter 

**Yamas!**   
**NEW** Greek Chicken Pita with Seasoned Wedges  
or  
**NEW** Spinach & Cheese Whirl with Seasoned Wedges  
Fresh Salad  
Rainbow Slaw  
Chocolate Shortbread 

Fishfingers with Chips & Tomato Sauce  
Cheese & Red Pepper Frittata with Chips & Tomato Sauce  
Peas  
Baked Beans  
**NEW** Cornflake Tart 

**MENU KEY**

 Added Plant Power

 Wholemeal

 Vegan

 Chef's Special

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site daily- Daily salad selection - Fruit





**ALLERGY INFORMATION:**

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**caterlink**  
feeding the imagination

September 2022					October 2022					November 2022							
M	5	12	19	26	M	3	10	17	24	31	M	7	14	21	28		
Tu	6	13	20	27	Tu	4	11	18	25	Tu	1	8	15	22	29		
W	7	14	21	28	W	5	12	19	26	W	2	9	16	23	30		
Th	1	8	15	22	29	Th	6	13	20	27	Th	3	10	17	24		
F	2	9	16	23	30	F	7	14	21	28	F	4	11	18	25		
Sa	3	10	17	24	Sa	1	8	15	22	29	Sa	5	12	19	26		
Su	4	11	18	25	Su	2	9	16	23	30	Su	6	13	20	27		
December 2022					January 2023					February 2023							
M	5	12	19	26	M	2	9	16	23	30	M	6	13	20	27		
Tu	6	13	20	27	Tu	3	10	17	24	31	Tu	7	14	21	28		
W	7	14	21	28	W	4	11	18	25	W	1	8	15	22			
Th	1	8	15	22	29	Th	5	12	19	26	Th	2	9	16	23		
F	2	9	16	23	30	F	6	13	20	27	F	3	10	17	24		
Sa	3	10	17	24	31	Sa	7	14	21	28	Sa	4	11	18	25		
Su	4	11	18	25	Su	1	8	15	22	29	Su	5	12	19	26		
March 2023					April 2023					May 2023							
M	6	13	20	27	M	3	10	17	24	M	1	8	15	22	29		
Tu	7	14	21	28	Tu	4	11	18	25	Tu	2	9	16	23	30		
W	1	8	15	22	29	W	5	12	19	26	W	3	10	17	24	31	
Th	2	9	16	23	30	Th	6	13	20	27	Th	4	11	18	25		
F	3	10	17	24	31	F	7	14	21	28	F	5	12	19	26		
Sa	4	11	18	25	Sa	1	8	15	22	29	Sa	6	13	20	27		
Su	5	12	19	26	Su	2	9	16	23	30	Su	7	14	21	28		
June 2023					July 2023					August 2023							
M	5	12	19	26	M	3	10	17	24	M	31	7	14	21	28		
Tu	6	13	20	27	Tu	4	11	18	25	Tu	1	8	15	22	29		
W	7	14	21	28	W	5	12	19	26	W	2	9	16	23	30		
Th	1	8	15	22	29	1	Th	6	13	20	27	Th	3	10	17	24	31
F	2	9	16	23	30	2	F	7	14	21	28	F	4	11	18	25	
Sa	3	10	17	24	3	Sa	1	8	15	22	29	Sa	5	12	19	26	
Su	4	11	18	25	4	Su	2	9	16	23	30	Su	6	13	20	27	

**Key:**

	School Holiday
	Bank Holiday
	Term Time
	Inset Day

**Term dates summary:**

Autumn Term 1: 05 September – 21 October 2022 (35 days)  
 Autumn Term 2: 31 October – 16 December 2022 (35 days)  
 Spring Term 1: 03 January – 10 February 2023 (29 days)  
 Spring Term 2: 20 February – 31 March 2023 (30 days)  
 Summer Term 1: 17 April – 26 May 2023 (29 days)  
 Summer Term 2: 05 June – 25 July 2023 (37 days)

**TOTAL = 195**





**Bank and public holidays 2022/2023**

Christmas Day	25 December 2022	Good Friday	07 April 2023
Boxing Day	26 December 2022	Easter Monday	10 April 2023
Bank Holiday (in lieu of 25 Dec)	27 December 2022	May Bank Holiday	01 May 2023
New Years Day	01 January 2023	Spring Bank Holiday	29 May 2023
Bank Holiday (in lieu of 1 Jan)	02 January 2023	Summer Bank Holiday	28 August 2023

## School Terms and Holidays 2023/24

<b>September 2023</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31					<b>October 2023</b> Mon 2 9 16 23 30 Tue 3 10 17 24 31 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29					<b>November 2023</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 Sat 4 11 18 25 Sun 5 12 19 26				
<b>December 2023</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31					<b>January 2024</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 31 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28					<b>February 2024</b> Mon 5 12 19 26 Tue 6 13 20 27 Wed 7 14 21 28 Thu 1 8 15 22 29 Fri 2 9 16 23 Sat 3 10 17 24 Sun 4 11 18 25				
<b>March 2024</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31					<b>April 2024</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28					<b>May 2024</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26				
<b>June 2024</b> Mon 3 10 17 24 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 29 Sun 2 9 16 23 30					<b>July 2024</b> Mon 1 8 15 22 29 Tue 2 9 16 23 30 Wed 3 10 17 24 31 Thu 4 11 18 25 Fri 5 12 19 26 Sat 6 13 20 27 Sun 7 14 21 28					<b>August 2024</b> Mon 5 12 19 26 Tue 6 13 20 27 Wed 7 14 21 28 Thu 1 8 15 22 29 Fri 2 9 16 23 30 Sat 3 10 17 24 31 Sun 4 11 18 25				

**Key:**

	School Holiday
	Bank Holiday
	Term Time
	Inset Day

**Term dates summary:**

Autumn Term 1: 4th September - 20th October 2023  
 Autumn Term 2: 30th October - 19th December 2023  
 Spring Term 1: 4th January 2024 - 9th February 2024  
 Spring Term 2: 19th February 2024 - 28th March 2024  
 Summer Term 1: 15th April 2024 - 24th May 2024  
 Summer Term 2: 3rd June 2024 - 24th July 2024

**TOTAL: 195**

**Bank and Public Holidays 2023/24**

Christmas Day	25th December 2023	Easter Monday	1st April 2024
Boxing Day	26th December 2023	May Bank Holiday	6th May 2024
New Years Day	1st January 2024	Spring Bank Holiday	27th May 2024
Good Friday	29th March 2024	Summer Bank Holiday	26th August 2024